



### **How Can I Help To Cooperate With The Treatment Plan?**

The counselor has only one aid besides his knowledge -- you. Your cooperation and trust in him are essential. You must feel free to talk with your counselor about anything which disturbs you or puzzles you in anyway, including things about the counseling process. By doing this, you have the best chance of shortening your counseling and of insuring its fullest success.

### **What Will Others Th**